CHOICES for Children



Child Health Outcomes Improved through Community Empowered Solutions

Cambodia

Project Period: 2014 – 2019 Total Project Support Cost: \$2,526,445







Overview



Livelihood Opportunities

The CHOICES for Children project focuses on improving health outcomes for 60 rural communities in the Bakan district in western Cambodia. The project will support communities to better address the risks to child nutrition and wellbeing by helping parents and child caregivers to make improved informed decisions about feeding practices, household hygiene and sanitation. The project will also empower food insecure families to have more sustained household livelihoods through extensive training.



40% of Cambodian children are chronically malnourished.



The average life expectancy for men is just 58, while for women it's 64.



ADRA Australia must raise \$1 to match every \$5 of Australian Government funding* received for this project.

*DFAT Australian NGO Cooperation Program

Activities

- · Providing 1920 households with improved access to sanitation resources and safe drinking water
- · Enabling vulnerable households to participate in animal production livelihoods training program
- Training 450 vulnerable household members in practical vocational livelihood skills
- · Providing improved access and control of community savings and loan services to 60 villages
- Conducting training in child nutrition and feeding practices for 6,000 female and 3,150 male parents and caregivers
 of girls and boys under six.

Impact

This project will benefit a total of 26,500 people, including 12,400 parents and children who will benefit directly through health, education and vocational skills training. The benefits of this project will also trickle down to impact on the wider community as part of the flow-on effect of empowering people to improve their health and livelihoods.





Yung's Story

Yung Voeurn* is a 62-year-old widow with six children. Her family was very poor. "My first and second children went to school for just two years and my other children did not go to school because I could not afford it, and I needed them to help earn income for the family." she said. "No one in my family had a real job, we had some work selling small vegetables at the market, planting rice and gardening at home but they did not grow well. I didn't make much income and could not feed my family well. My family was unhappy."

But in 2010, that changed when Yung and her family joined the CHOICES Project. "My family has enough food, better income, savings, and better health. We can now grow vegetables in all seasons. My fifth and sixth daughters have completed seven years in school," she says. "We don't experience sickness very often any more."

Yung is grateful for ADRA's influence in her family's life. "I feel so happy with my work and that I can make more income, have more security, and be able to live with the whole family. My family will continue to work, learn and collaborate with ADRA staff until the project has finished," Yung says. "We will continue to share these changes and be models to other families."

Join the Circle

You can partner with the CHOICES for Children project by joining the Cambodia Circle. You will receive regular updates from the field and see how you are helping Cambodian families improve their health, sanitation and education and realise futures free from poverty.



Donate

Your donation of \$60 per month will provides a Cambodian woman with literacy training and the chance to read and write, giving her greater job opportunities. One-off donations of any amount also provide valued assistance.



Pray

Commit to praying regularly for the CHOICES project and for those suffering from poverty in Cambodia.



Advocate

Join the team of ADRA Church Leaders and Advocates raising their voices for justice across the globe in the church and community.



ADRA Australia is the official humanitarian arm of the Seventh-day Adventist Church. Our mission is to work with people in poverty and distress to create just and positive change through empowering partnerships and responsible action. As a Christian aid and humanitarian agency, we believe our work is a natural expression of our faith, and a continuation of Christ's ministry of compassion.



^{*}Name changed to protect privacy.