



CONNECTIONS

CAMBODIA

Learning Through Play

21 June - 1 July 2020

Many children in rural Cambodia don't have access to good nutrition, sanitation and safe drinking water. Work with ADRA to help 2 communities gain access to these basic necessities as you work with mothers and children in a context of fun and play!



WHAT IS ADRA CONNECTIONS?

ADRA Connections is a short-term volunteer program where participants can experience first-hand the sustainable community development initiatives ADRA engages in with local communities around the world.

Connections trips are categorised into four focus areas:

Advocacy

Volunteers visit ADRA projects to learn and write about issues faced by local communities. Using the stories captured and their own experience, volunteers are encouraged to advocate for social justice upon their return.

In-depth

Through cultural immersion and extensive community engagement, volunteers personally see the work ADRA does and how it makes a positive impact in people's lives, and are challenged to explore the underlying causes of poverty.

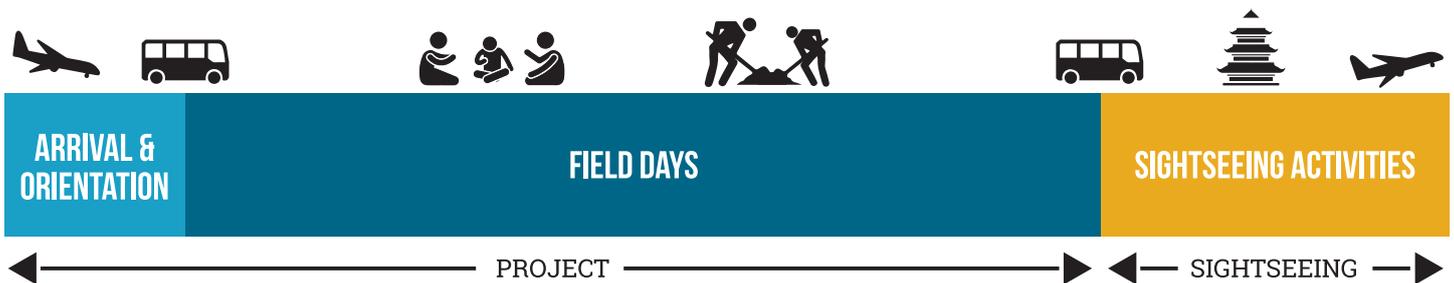
Hands-on

After raising funds for project activities, volunteers get their hands dirty, helping people experiencing poverty actively achieve their goals in practical, collaborative ways. Volunteers share their journey when they return home and inspire others to go.

Families

Families travel with other like-minded families to make a positive impact, helping children value the important things in life and inspiring them to fighting poverty both now and in the future.

Although short in duration, Connections trips are a powerful way to deepen relationships with communities while contributing to sustainable community development in meaningful ways.



ADRA IN CAMBODIA



ADRA Cambodia have a strong focus and commitment to the communities in Siem Reap, Preah Vihear, Kompong Thom, and Pursat.

There are four areas in which ADRA Cambodia directs the majority of its focus:

- Food Security
- Education
- Health
- Water, Sanitation and Hygiene (WASH)

Through programs that ADRA has implemented, people have learned to grow better vegetable gardens, make money from fruit trees, create fish farms and raise livestock. Besides providing core community nutrition programs where parents are now making improved and informed decisions about hygiene, drinking water and sanitation, ADRA projects have integrated opportunities for community members to learn skills in co-operative groups, adult literacy, technical agricultural and small business management.

For more information about ADRA Cambodia and their projects, visit their website: www.adracambodia.org

Your Trip Focus: *Hands-on*



Raise funds for project activities



Learn about the needs and goals of the community and how to support them



Discover the importance of relationships and working together



Upon your return, share your journey and inspire others to go



TRIP DETAILS



Location

2 communities in Pursat Province



ADRA Project

CHOICES for Children (Child Health Outcomes Improved through Community Empowered Solutions)



Activities

Working with the community on the construction or implementation of the following tasks to support CHOICES

- 2 shelters
- 2 children's playgrounds
- 2 latrines
- 2 water tanks
- Community gardening
- Nutrition demonstrations
- Kids clubs

TRIP OVERVIEW



Arrival/Orientation June 21-22

Meet your ADRA host at Phnom Penh Airport, who will take you to your accommodation to refresh and relax. ADRA has prepared a warm welcome and an Immersion Program for you to learn about the needs in Cambodia, the work ADRA is doing, and how you play a part in ADRA's programs through Connections. To enhance your understanding of the country's history and how it has significantly shaped the lives of the Cambodian people today, visit the Tuol Sleng Genocide Museum – a memorial site to the tragic history of the Khmer Rouge.



Field Days June 23-28

The time you spend and the interactions you have with the community you visit all contribute to a unique cross-cultural experience. Immerse yourself in the culture, interact with the locals, and gain a new perspective while working alongside the locals on community-driven initiatives. Saturday is a day off from work—a time for reflection and rejuvenation, and an opportunity for you to be involved in the local church service. During the farewell ceremony, celebrate the friendships that have been formed and the outputs that have been achieved with your final community.



Sightseeing/Departure June 29 - July 1

Your cross-cultural experience in Cambodia wouldn't be complete without seeing the largest religious monument in the world, Angkor Wat. Bring your breakfast with you as you watch the sunrise over the temples, and then spend the rest of the day exploring the historical ruins. Finish off your trip with a celebration dinner and a final debrief for you to share your reflections and experiences with the rest of the team.



PAYMENTS

An ADRA Connections trip provides a memorable and enriching personal experience of development work, where you have the opportunity to observe and be involved in ADRA's work in a safe and culturally appropriate manner. The costs associated with your trip reflect this unique and meaningful approach.

**Please note, travel costs are not included and are each participant's own responsibility, including all bookings and arrangements. Travel costs include: flights and visas (unless otherwise indicated), extra baggage, airport tax, passport, and vaccinations. All costs below are based on a minimum of 15 participants, and may increase if the minimum is not met. Costs will not decrease if the minimum is exceeded.

Non-Refundable Commitment Deposit

A \$250 non-refundable commitment deposit is required as part of the registration process. Although this amount is contributed towards your trip costs, in the case of your withdrawal from the trip or trip cancellation, it will be used to cover costs incurred to establish the project.

Fundraising

GoFundraise is ADRA's chosen online platform for peer-to-peer fundraising. Once your registration has been approved and you have paid your deposit, you will receive an invite to set up your GoFundraise page and start fundraising for your project and logistic costs as soon as possible!

TAX-DEDUCTIBLE PROJECT COSTS



Due **two months** before departure

- Contribution towards materials/equipment for project work
- Project management, monitoring and implementation

TAX-DEDUCTIBLE LOGISTIC COSTS



Due **two months** before departure

- \$250 non-refundable commitment deposit
- Accommodation (project days) and meals
- Transportation for project and sightseeing days
- Risk mitigation and emergency management
- Associated costs for logistic management (e.g. ADRA hosts)

Sightseeing

Unfortunately, sightseeing costs are not eligible for tax-deductibility. If you wish to do additional sightseeing, please arrange for this to happen outside of the Connections trip dates at your own cost.

NON-TAX DEDUCTIBLE SIGHTSEEING COSTS



Due **one month** before departure

- Sightseeing activities
- Accommodation (sightseeing days)
- Associated management costs

Register Now!

www.adra.org.au/connection-trip/cambodia2020

ONCE YOU HAVE REGISTERED...

Receive email of approval

Pay \$250 deposit to the account details in your email

Once payment has been confirmed, follow setup instructions and personalise your GoFundraise page to start fundraising

Attend Pre-trip Orientation Programs and any other team meetings

Make flight and visa arrangements with your team leader

Make trip payments by the deadlines set by your team leader and ADRA

"...I have come that they may have life, and that they may have it more abundantly."

John 10:10 (NKJV)



CONNECTIONS