



NEPAL

# School Renovation

10-19 April 2020

Get creative and hands-on with the students, parents and teachers of a local school as you work together on improving their quality of life and education facilities. What a great opportunity to have a meaningful cross-cultural experience over the Easter Break!



# WHAT IS ADRA CONNECTIONS?

ADRA Connections is a short-term volunteer program where participants can experience first-hand the sustainable community development initiatives ADRA engages in with local communities around the world.

Connections trips are categorised into four focus areas:

## Advocacy

Volunteers visit ADRA projects to learn and write about issues faced by local communities. Using the stories captured and their own experience, volunteers are encouraged to advocate for social justice upon their return.

## In-depth

Through cultural immersion and extensive community engagement, volunteers personally see the work ADRA does and how it makes a positive impact in people's lives, and are challenged to explore the underlying causes of poverty.

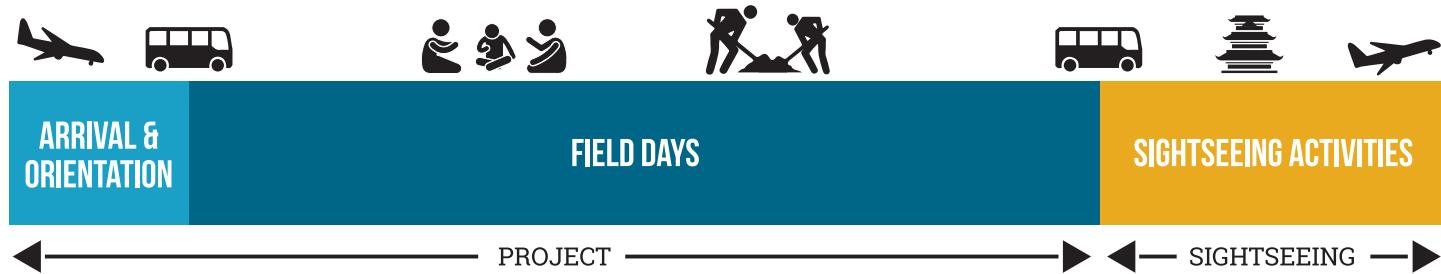
## Hands-on

After raising funds for project activities, volunteers get their hands dirty, helping people experiencing poverty actively achieve their goals in practical, collaborative ways. Volunteers share their journey when they return home and inspire others to go.

## Families

Families travel with other like-minded families to make a positive impact, helping children value the important things in life and inspiring them to fight poverty both now and in the future.

Although short in duration, Connections trips are a powerful way to deepen relationships with communities while contributing to sustainable community development in meaningful ways.



## ADRA IN NEPAL

ADRA was established in Nepal in 1987 and has grown to operate in 39 of the total 75 districts in Nepal. ADRA Nepal's current focus areas are:

- Sustainable Livelihoods
- Health
- Education
- Disaster Risk Management

The education portfolio benefits over 10,000 households ensuring improved access to and provision of quality and resilient education by vividly promoting right to education, with an approach that prioritises promoting child and adolescent friendly schools, maintaining WASH facilities, and enhancing the capability of School Management Committees (SMC) and Parents Teachers Associations (PTA) for promoting good governance and transparency.



For more information about ADRA Nepal and their projects, visit their website: [www.adranepal.org](http://www.adranepal.org)

The non-formal education component ranges from educating small holder farmers on modern farming methods to business management training for women. Formal literacy training has also been extended to adults especially older women allowing them to reach their potential.

# Your Trip Focus: *Hands-on*



Raise funds for project activities



Learn about the needs and goals of the community and how to support them



Discover the importance of relationships and working together



Upon your return, share your journey and inspire others to go



## TRIP DETAILS



### Location

Shree Mahadev Secondary School  
Nuwakot District



### Activities\*

Working together with the local school to improve or establish key facilities through activities like:

- Improving water health and sanitation facilities (e.g. toilets and drinking water system)
- Renovating exterior and interior of classrooms
  - Installing ceiling insulation for classrooms
  - Interacting with students through game tournaments and conversation classes

# TRIP OVERVIEW



## Arrival/Orientation

April 10-11

Fly into Kathmandu and meet your ADRA host and the rest of your team members at your accommodation. Saturday is set aside for you to settle in and immerse yourself in Nepali culture. Enjoy the free time in the morning by exploring your surroundings or attending a local church, and spending the afternoon on a Kathmandu City Tour. Nepal is a country rich in cultural and architectural wonders, which you'll experience on your visit the Monkey Temple, National Museum and Durbar Square.



## Field Days

April 12-17

ADRA has prepared a Go Deeper Immersion Program for you to learn about the needs in Nepal, the work ADRA is doing, and how you play a part in ADRA's programs through Connections. The time you spend and the interactions you have with the school community all contribute to a unique cross-cultural experience. Immerse yourself in the culture, interact with the locals, and gain a new perspective while working alongside the locals on community-driven initiatives. Visit a local community, during which you will have countless opportunities to see how they live. Perhaps you will even be able to try your hand at some things, such as milking a cow!



## Sightseeing/Departure

April 18-19

Your trip to Nepal wouldn't be complete without doing a trek, where you'll experience sights and wonders you've never seen before! This short half-day trek from Nagarkot to Dhulikhel boasts a stunning panorama view of the Himalayas. Finish off your trip with a celebration dinner and a final debrief for you to share your reflections and experiences with the rest of the team.



# PAYMENTS

An ADRA Connections trip provides a memorable and enriching personal experience of development work, where you have the opportunity to observe and be involved in ADRA's work in a safe and culturally appropriate manner. The costs associated with your trip reflect this unique and meaningful approach.

\*\*Please note, travel costs are not included and are each participant's own responsibility, including all bookings and arrangements. Travel costs include: flights and visas (unless otherwise indicated), extra baggage, airport tax, passport, and vaccinations. All costs below are based on a minimum of 15 participants, and may increase if the minimum is not met. Costs will not decrease if the minimum is exceeded.

## Non-Refundable Commitment Deposit

A \$250 non-refundable commitment deposit is required as part of the registration process. Although this amount is contributed towards your trip costs, in the case of your withdrawal from the trip or trip cancellation, it will be used to cover costs incurred to establish the project.

## Fundraising

GoFundraise is ADRA's chosen online platform for peer-to-peer fundraising. Once your registration has been approved and you have paid your deposit, you will receive an invite to set up your GoFundraise page and start fundraising for your project and logistic costs as soon as possible!

### TAX-DEDUCTIBLE PROJECT COSTS



\$1,010

Due **two months** before departure

- Contribution towards materials/equipment for project work
  - Project management, monitoring and implementation

### TAX-DEDUCTIBLE LOGISTIC COSTS



\$1,040

Due **two months** before departure

- \$250 non-refundable commitment deposit
- Accommodation (project days) and meals
- Transportation for project and sightseeing days
- Risk mitigation and emergency management
- Associated costs for logistic management (e.g. ADRA hosts)

## Sightseeing

Unfortunately, sightseeing costs are not eligible for tax-deductibility. If you wish to do additional sightseeing, please arrange for this to happen outside of the Connections trip dates at your own cost.

### NON-TAX DEDUCTIBLE SIGHTSEEING COSTS



\$200

Due **one month** before departure

- Sightseeing activities
- Accommodation (sightseeing days)
- Associated management costs

# Register Now!

[www.adra.org.au/connection-trip/nepal](http://www.adra.org.au/connection-trip/nepal)

# ONCE YOU HAVE REGISTERED...

Receive email of approval

Pay \$250 deposit to the account details in your email

Once payment has been confirmed, follow setup instructions and personalise your GoFundraise page to start fundraising

Attend Pre-trip Orientation Programs and any other team meetings

Make flight and visa arrangements with your team leader

Make trip payments by the deadlines set by your team leader and ADRA

*"...I have come that they may have life, and that they may have it more abundantly."*

*John 10:10 (NKJV)*

